

## Interpersonal Skills

# Interpersonal Skills: Seafarer Social Skills Training

## 1. Introduction

Develop your social skills as a seafarer and improve your ability to adhere to rules and policies of social behaviour, written or implied. Social skills involve respecting social norms and treating others fairly, equitably and honestly, being aware and sensitive to cultural differences and dealing with them effectively.

This course represents 1 of 5 soft skill courses in the complete Self-Management Training Package.



### Duration

Course duration: 12 minutes.  
Course access: 2 months.  
Course Language: English.



### Flexible Learning

This course is available online, any time of the day and at your own convenience.



### Certificate Validity

The validity of the certificate issued upon the successful completion of this course is indefinite.



### Need Support?

We are here to assist you throughout the course. Please visit [safebridge.net/contact](https://safebridge.net/contact)

## 2. Target Audience

This course is suitable for all officer ranks onboard, including:

- Management Level Deck Officers
- Management Level Engine Officers
- Operational Level Deck Officers
- Operational Level Engine Officers

## 3. Prerequisites

Willingness to evolve and develop yourself personally and professionally

## 4. Learning Objectives

This course aims to develop your social skills as a seafarer to better deal with the tough job onboard by improved social interactions, both in private as well as in business life.



## 5. Course Structure

### Module 1

Social skills onboard

### Module 2

Social Conformity

### Module 3

Social Confidence

### Module 4

Social Sensitivity

### Module 5

Agreeableness

## 6. Learning Outcomes



### Module 1: Social skills onboard

Encourages teamwork as the way to success.



### Module 2: Social Conformity

Provides a wide view on others and their reasons to be a seafarer.



### Module 3: Social Confidence

Enables you to be socially confident through a trust in yourself.



### Module 4: Social Sensitivity

Stresses the relevance of social sensitivity when dealing with others.



### Module 5: Agreeableness

Helps you to be friendly, kind and people oriented.

## 9. Product Data Sheet: Seafarer Social Skills Training

<b>Modules</b>	Module 1: Social skills onboard Module 2: Social Conformity Module 3: Social Confidence	Module 4: Social Sensitivity Module 5: Agreeableness
<b>Course Access</b>	2 months	
<b>Timeframe</b>	Approx. 12min	
<b>Language</b>	English	
<b>Assessment</b>	TestMe Daily Attempts: 2 Min % of progress on GuideMe to access TestMe: 90% Min % of passing the TestMe: 100% Total test time: 30min	
<b>Price (Excl. VAT)</b>	15,00 €	
<b>Approval</b>	-	
<b>Features</b>	GuideMe, TestMe	
<b>Certificate</b>	Yes (Indefinite)	
<b>Prerequisites</b>	Willingness to evolve and develop yourself personally and professionally	
<b>Educational Objectives</b>	This course aims to develop your social skills as a seafarer	
<b>Target audience</b>	This course is suitable for all officer ranks onboard	
<b>Strong Authentication</b>	No	
<b>Technical Requirements</b>	<p><b>Browser:</b> Chrome, Firefox, Internet Explorer, Safari, Edge.</p> <p><b>Operating Systems:</b> Windows 8 or higher with latest updates installed</p> <p>MacOS 10.12 Sierra or higher with latest updates installed</p> <p>Apple iOS 11 or higher with latest updates installed</p>	<p><b>Internet Connectivity:</b> We recommend the usage of a wired internet connection with at least 6Mbps for an optimum experience. Please note that connection via mobile internet is also possible; however, it is considered highly unstable and might cause your exam's failure.</p>